

Lesson 1: ChatGPT: Your First AI Partner

Copy and paste these into ChatGPT, Gemini or Claude. Swap the bracketed parts for your own details, then keep the ones that work. The fun ones at the end are where people usually fall in love with this.

Ready-to-use prompts

Prompt 1

Explain what you do in one paragraph a 10-year-old would get.

Prompt 2

Act as a friendly email coach. Write a polite no to a meeting, under 80 words.

Prompt 3

Act as a marketing writer. 5 headlines for a bakery, playful, under 8 words each.

Prompt 4

Act as a research assistant. Summarize this document into 5 bullets and 3 open questions.

Prompt 5

Act as a playful marketing writer. Write 5 headline options for a neighborhood bakery. Keep each under 8 words. Make them warm and fun.

Play with it — the fun prompts

These are the ones people screenshot and send to their friends. Run them for the joy of it — you'll learn faster when you're laughing.

Fun 1

Roast my to-do list like a stand-up comedian, then rewrite it so it's actually doable today.

Fun 2

You are a 1940s detective. Explain what I do for a living to a jury in 60 dramatic seconds.

Fun 3

Interview me like a late-night talk show host for 5 questions, then write my intro card.

Follow-ups that make any answer better

- Make it shorter.
- Make it friendlier and less formal.
- Put it in a table.
- Give me 3 more options, more different from each other.
- Explain it like I'm brand new to this.
- What did you assume? Ask me 3 questions before you rewrite it.

Troublemaker follow-ups (use these for fun)

- Explain this to me like I'm 8, then like I'm a skeptical CEO.
- Give me the version you'd write if you were showing off.
- Now make it 20% funnier without losing the point.
- What's the boldest version of this idea? Don't play it safe.
- Pretend you're my biggest fan. Now pretend you're my harshest critic. Give me both takes.

My own prompts to save
